

Stay safe abroad!

Remember!

- 1** Polish nationals can take up work for foreign employers under **the rules applicable in the country of employment**, either under individual contracts signed directly with foreign employers or through authorised organisations or institutions.
- 2** A decision to go to work abroad should not be made hastily or motivated emotionally. It should be deliberate and well planned.
- 3** **Don't agree to work without a contract. Don't break the law.**
- 4** **Read your contract. Don't sign a contract which you don't understand** or which contains disadvantageous obligations (e.g. imposes various penalties on you). You have the right to negotiate the terms and conditions of your contract.



- 5** Foreign employers may include temporary work agencies. Working for such an agency will often be casual and part-time, depending on the number of requests received from employers with whom the agency has contacts.
 - Avoid contracts where the minimum number of working hours is not specified.
- 6** Always check whether a given agency has signed a contract with a foreign employer (you have the right to see that contract) and whether it has already sent people to work abroad. For find information about employment agencies, visit online forums where people who have already used services of such agencies share their opinions.



If you have any doubts whether your rights are respected, contact the State Labour Inspection at pip.gov.pl

Do you wish to use employment agency services?

- job placement, including posting abroad to work for foreign employers
- recruitment consultancy
- vocational guidance, or
- temporary work



Employment agencies can help you find a job and handle the paperwork. The important thing is that they operate legally.

The register of employment agencies and the list of foreign providers of employment agency services are open and publicly available on the following website:

- stor.praca.gov.pl/portals/#/kraz/wyszukiwarka
- stor.praca.gov.pl

Type the number of the agency in the search box and see if it is registered and operates legally.

WYBIERZ KATEGORIĘ	NAZWA AGENCJI
WYBRANA KATEGORIA	LECHIA CONSUI OGRANI ODPOW
Podaj nazwę agencji	" EDUK CENTRAL
Szukaj	IMPEL F O.O.
NUMER W REJESTRZE	KAROLINA OBERDA
RODZAJ AGENCJI	

Every employment agency should hold a certificate issued by the Voivodeship Marshal, a document evidencing registration in the National Register of Employment Agencies, KRAZ.